

Moonlit Mama Birth Services LLC
Richmond VA
540.205.5792
moonlitmama1@gmail.com

Lactation Support in RVA

For human milk donations, contact your delivery hospital or birth center as most local hospitals supply donor milk. There is also the The King's Daughters Milk Bank at CHKD.

Lactation Consultation:

Mom for Hire LLC

Aysha Washington

<https://momforhire.net/>

Open Arms Birth Collective

<https://www.facebook.com/openarmsbc/>

Pediatric Associates

<https://pediatricassociatespc.com/>

Tongue & Lip Tie Consultations

Dr Puryear

<https://vadentist.com/our-doctors/ethan-puryear-dds-pediatric-dentist/>

Chestfeeding Resources:

The Big Letdown by Kimberly Seals Allers

Latch: A Handbook for Breastfeeding with Confidence at Every Stage by Robin Kaplan

Eat to Feed by Eliza Larson

<https://evidencebasedbirth.com/tag/breastfeeding/>

<https://evidencebasedbirth.com/tag/lactation/>

<https://www.aap.org/breastfeeding>

