

Name: Jade Client
Date of Birth: 02/01/1987 (Age: 34)
Address: 123 Name Street, Central, VA 23222
Phone Number(s): 8041232334 (Mobile)
Medical Record Number: 0512-2312
Custom ID: -
Insurance Information: -

Transfer/Discharge Note

Date: 10/10/2021
Name of Provider: Bri Grocholski
Reason for Transfer: -
Contact Phone: -
Note: Jade had an uneventful and healthy delivery of baby. Baby scored well on APGAR and mother is recovering well with no need to remain at center. Both mom and baby are being discharge home. Midwife to visit in 24 hours for postpartum follow up. DOB 10/10/21.

Complete Care Summary

Problems, Medications, and Allergies*

Medications: over the counter prenatals
 Dates: No dates entered (active)
 Dose: No data entered
 Route: No data entered
 Comments: No data entered

Allergies: No known drug allergies

Medical Problems: No known problems

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Mother's Medical Information

Height: 5ft 2in (62in)
Weight: 180lbs (81.6kg)
BMI: 32.9
Blood Type: A+
Current Smoking Status: Never
Other Smokers in the Home: No

This Pregnancy

EDD: 02/15/2022 (conception)
LMP: 04/19/2021
Start of Pregnancy: 05/11/2021
First Prenatal Visit: 10/01/2021
Last Prenatal Visit: 10/01/2021
Total Number of Prenatal Visits: 1
Height: 5ft 1in (1.5m)
Pre-pregnancy Weight: 180.0lbs (81.6kg)
Pre-pregnancy BMI: 34.0
Total Pregnancy Weight Gain: 15.0lbs (6.8kg)

Planned Site of Delivery: Birth Center

Mother's Obstetric History

Gravida: 2
Term: -
Preterm: -
Abortions: 1
Miscarriages: -
Living: -
Comments: -
Previous Cesarean: No
Last Live Birth/Stillbirth: -

Labor and Delivery

People Present During Labor: -
Pharmacological Induction: -
Non-Pharmacological Induction: -
Number of Babies: 1
Estimated Total Blood loss: 10 ml
Admission: 10/10/2021 04:45
Start of Labor: -
Start of Pushing: -
Birth: 10/10/2021 07:13
Discharge: -
Length of Stage 1 Labor: -
Length of Stage 2 Labor: -
Total Length of Labor: -
Length of Stage 3 Labor: 0:07
Rupture of Membranes: 10/10/2021 05:52
 Fluid: Clear, Method: Spontaneous
Transport During Labor Before Birth: No
Immediate Postpartum Transport: No
Planned Site of Delivery at Onset of Labor: Birth Center
Perineum Status: 1st Degree - minimal tear to perineum, sutures not necessary
Perineum Laceration: No
Perineum Repair: No
Placental Delivery: 10/10/2021 07:20
Placenta Method: Spontaneous
Placenta Intact: Yes
Placenta Appearance: Normal
Placenta Presentation at Delivery: Duncan
Location at Delivery: Birth Center
Mother's Position: Semi Reclining

Mother

Name: Jade Client
Maiden Name: -
Date of Birth: 02/01/1987 (Age: 34)

Social Security Number: -
Place of Birth: Richmond, VA
Education (Highest Grade Completed): Some college
Race: Black, White
Hispanic/Latino Ethnicity: No
Religion/Culture: -
Marital Status: Married
Medicaid Status: Not eligible for Medicaid
On WIC: No
Primary Form of Payment: Private Insurance

Father of the Baby

Name: -
Date of Birth: -
Place of Birth: -
Address: -
Social Security Number: -
Education (Highest Grade Completed): -
Race: -
Hispanic/Latino Ethnicity: -
Religion/Culture: -

Newborn

Medical Record Number: 000000134621
Name: Baby A
Sex: -
This Birth: 1
This Child: 1
Estimated Gestational Age: -
Gestational Age by Dates (calc from EDD): 21.5 weeks
Date of Birth: 10/10/2021
Time of Birth: 07:13
Type of Birth: Live Birth
Newborn Presentation: Brow
Presentation of Presenting Part: Posterior
Method of Delivery: Vaginal
Waterbirth: Yes
Cord Cut: 2021-10-10 07:17:00
Planned Site of Delivery at Onset of Labor: Birth Center
Newborn Transport: No
1 Minute Apgar Score: 8
Other Apgar Scores: -
3 Vessel Cord: Yes
Resuscitation: -
Weight: -
Length: -
Head Circumference: -
Chest Circumference: -

Erythromycin: Declined
Vitamin K: Declined
Hepatitis B Vaccine: Administered

Postpartum

Maternal Total number of visits: 2
Maternal GA at last PP visit: +9.4
Maternal Date of Last PP visit: 2021-12-16

Previous Pregnancy

End Date of Last Pregnancy: 2008-10-01
Outcome of Last Pregnancy: Singleton (1 Abortion)

Labs

20.3 Weeks

Date Collected: 10/01/2021
Blood Type: A+
Antibody Screen: Neg
CBC: Declined
Urinalysis:
Glucose: ▲Trace
Protein: ▲Trace
Culture and sensitivity (C&S): No Growth
Diabetes Screen: Declined
Pap & HPV:
Pap Result: Negative
HPV: Negative
Other Labs:
Chlamydia: Neg
Gonorrhea: Neg
Rubella: Immune
VDRL/RPR: ▲Declined
HBSAg: ▲Declined
HIV: Non-reactive
Group B Strep: ▲Declined

Flowsheets

Prenatal

Weeks	Date	Wt	Wt Gain	BP	Pulse	Fundal Height	FHT	Fetal Position	FM	Edema	Protein Glucose
20.3	10/01/2021	195.0	15.0	110/85	60	2F<U	152	unknown	+	+	trace negative
Weeks	Date	Wt	Wt Gain	BP	Pulse	Fundal Height	FHT	Fetal Position	FM	Edema	Protein Glucose

Labs

Weeks	20.3	Units	Norms
Date Collected	10/01/2021		

Blood Type	A+		
Antibody Screen	Neg		Neg
CBC			
Declined	Yes		
Urinalysis			
Glucose	▲Trace		Neg
Protein	▲Trace		Neg
Culture and sensitivity (C&S)	No Growth		
Diabetes Screen			
Declined	Yes		
Pap & HPV			
Pap Result	Negative		
HPV	Negative		
Other Labs			
Chlamydia	Neg		Neg
Gonorrhea	Neg		Neg
Rubella	Immune		Immune
VDR/LRPR	▲Declined		Non-reactive
HBsAg	▲Declined		Neg
HIV	Non-reactive		Non-reactive
Group B Strep	▲Declined		Neg
Weeks	20.3	Units	Norms

Labor

Maternal Immediate Postpartum

Time	BP	Temp	Pulse	Fundus	Est. Bleeding	Inits
12/16/2021						
22:00:00	Comments: Jade presented at the birth center 7 hours after SROM at home. She expressed concern over observed bleeding - explained this was normal and defined as bloody show. BP normal range, 114/78. Ctx regular at 5-1-1.					BG
10/11/2021						
8:40:00	118/79	98.1°F	89	4 F<U; Firm To Massage	10	BG
8:30:00	Mother's Position: Semi Reclining, Not in water					BG
8:12:00	Perineum: Perineum Status: 1st Degree Other Laceration: No Repair: No Comments: minimal tear to perineum, sutures not necessary					BG
7:38:00	Input/Output: Input: input Output: output					BG
10/10/2021						
11:22:00	Comments: Jade experiencing lower back pain, doula applied counter pressure and double hip squeeze. No concerns for compound presentation, fetus is engaged in ideal position, not breech. Mild hypertension, BP elevated at 135/80. Increased ctx 2-1-1.					BG
7:22:00	Initial Maternal Assessment Alert/Oriented: Yes Active Management Initiated: Yes Bleeding: Stable					BG
7:20:00	Placenta: Spontaneous, Intact, Normal Presentation at Delivery: Duncan 3 Vessel Cord: Yes					BG

Time	BP	Temp	Pulse	Fundus	Est. Bleeding	Inits
7:17:00	Cord Cut/Clamped - 4 minutes after birth					BG
7:13:00	Birth Mother's Position: Semi Reclining, In water Fetal Presentation: Brow Position of Presenting Part: Posterior					BG

Newborn Immediate Postpartum

Time	HR	RR	Temp	Color	Void	Stool	Inits
10/11/2021							
8:18:00	155	143	97.9°F	Pink	No	Yes	BG
7:26:00	Baby's Location: baby born in bed, Not in water						BG
10/10/2021							
8:32:00	Medications and Therapies: Medications: 1 Hepatitis B Vaccine (1) Lot #12234 Expires 01/11/2022 (Eye Prophylaxis Declined) mother declined (Vitamin K Declined) mother declined						BG
8:28:00	Feeding: Nursing: Yes						BG
7:43:00	First Latch Nursing: Yes Formula: No						BG
7:25:00	Comments: Normal APGAR score, Ballard score also within normal range. Mild bradycardia, will refer to peds for evaluation. Baby descended in compound presentation - LOA with hand over head. FHT in normal range.						BG
7:17:00	Cord Cut/Clamped - 4 minutes after birth						BG
7:16:00	Initial Newborn Assessment Term Gestation: Yes Breathing or Crying: Yes Good Muscle Tone: Yes Meconium: No Color Pink or Lavender?: Yes Cord: Full						BG
7:14:00	Apgar Score - 1 minute: 8 Heart rate: 1 - Under 100 Respiratory effort: 2 - Strong Cry Reflex stimuli: 2 - Cough/Sneeze Muscle Tone: 2 - Well Flexed Color: 1 - Body Pink/Ext.Blue						BG
7:13:00	Birth Mother's Position: Semi Reclining, In water Fetal Presentation: Brow Position of Presenting Part: Posterior						BG

Labor Flow Sheet for 21.5 weeks

Time	VITAL SIGNS				CONTRACTIONS			PROGRESS			Inits
	FHR	BP	Temp	Pulse	Freq	Dur	Strg	Dil	Eff	Stat	
10/10/2021											
7:20:00	Placenta: Spontaneous, Intact, Normal Presentation at Delivery: Duncan 3 Vessel Cord: Yes										BG
7:17:00	Cord Cut/Clamped - 4 minutes after birth										BG

Time	VITAL SIGNS				CONTRACTIONS			PROGRESS				Inits
	FHR	BP	Temp	Pulse	Freq	Dur	Strg	Dil	Eff	Stat		
7:13:00	Birth Mother's Position: Semi Reclining, In water Fetal Presentation: Brow Position of Presenting Part: Posterior										BG	
6:49:00	Comments: Elevated BPM, hx of hypertension tested negative for pre eclampsia. Mild hypoxia - O2 provided. Station -3, 60% effaced.										BG	
5:52:00	Rupture of Membranes: Spontaneous: Clear Confirmed by: Midwife's Observation										BG	
5:08:00	First Regular Ctx w/ Cervical Change										BG	
4:45:00	148 - 162	115/80	98.1°F	90	5.0 minutes	30.0 seconds	Moderate	3.0	40%	+2	BG	
	FHR: Measured: 90 seconds before and after contractions Listening Device: Fetoscope Accelerations detected Decelerations detected Baseline unchanged Coping: Yes Comfort Comments: coping well through contractions, in shower, walking, miles circuit Progress: Active Labor: Yes Mother's Position: Standing, Not in water Fetal Position: OA Membranes: Clear Pooling: No Nitrazine: Neg Fern Results: Neg Input/Output: Input: input Output: output											
4:45:00	Admission Note Patient arrived to birth center in labor, driven by spouse in their vehicle.										BG	
4:45:00	Arrival at Birth Center: Jade Client, Mother											
4:45:00	Planned Site of Delivery: Birth Center											

Initial Labor Notes

Jade calls at 0415 and states that she has been having painful contractions every 5-6 minutes for 2 hours at home. She says she is no longer able to cope through her discomfort and is experiencing her contractions in her abdomen.

Encounters

+9.4 Weeks - Postpartum

Date: 2021-12-16

Signed: Brianna Grocholski

Progress Note: Jade's partner requested a postpartum follow up as they suspect PPD or baby blues, also wanted to discuss contraception options - recommended IUD. There was possible labor dystocia adding to Jade's postpartum mindset - we discussed her birth and thoughts around the experience. She is also frustrated with breastfeeding and has experienced several occasions of engorgement. Recommended she stand in hot shower to release pressure, also bring baby to breast on demand to reduce. Observed feeding, baby latched well, educated about lactation - defined foremilk and hindmilk and to listen to suck suck pattern as baby latches. Palpated Jade's abdomen and confirmed diastasis - will refer to PT for consult.

+8.3 Weeks - Newborn

Date: 2021-12-08

Signed: Brianna Grocholski

Progress Note: In home newborn visit, Jade called the office describing what we suspect to be a hematoma. Recommended she continue kangaroo care to promote regular breastfeeding. Discussed signs of mastitis to avoid potential sepsis. Neonate is growing well, baby appears to be thriving and well tended in home. Baby rooting when presented with breast, mother is experienced with breastfeeding and baby latches well. Baby does appear to have mild thrush, will

Newborn Physical Exam : recommend prescription.
 Date: 12/16/2021 (67 days after birth)
 Newborn's state(s) during visit: Quiet Alert, Active Alert

Vital Signs : No data entered.

Size : No data entered.

Input and Output : Breastfeeding: Yes
 Number of feedings in last 24 hrs: 10
 Avg length of feedings: 25
 Baby's behavior during & after breastfeeding:
 Normal

Systems Review : No data entered.

Jaundice & Bilirubin : No data entered.

Procedures : No data entered.

Medications and Complementary Therapies : No data entered.

Head : No data entered.

Eyes : No data entered.

Ears : No data entered.

Nose and Mouth : No data entered.

Neck : No data entered.

Chest and Abdomen : No data entered.

Hips and Extremities : No data entered.

Back and Spine : No data entered.

+0.2 Weeks - Postpartum

Date: 2021-10-12

Signed: Brianna Grocholski

Progress Note: Home visit to assess Jade's postpartum recovery. She and her partner are bonding well with baby and excited to be new parents. Jade is well supported by her partner and family with no indication of postpartum mood disorders. Baby's growth and development are on track for his age. Follow up in two weeks to discuss birth control options.

Vital Signs : General Appearance: clean, well groomed

Weight: 180

Height: 5'2"

BMI: 32.92 (wt: 180)

Heart Rate: 88

Blood Pressure: 116/78

Temperature: 98.2°F (Axillary)

Respiration Rate: 65

Any Pain: No

Breastfeeding : Breastfeeding: Yes
 Mother's perception of breasts and nipples during feeding: Comfortable
 Nipples: Normal
 Edema/Engorgement: Absent

Abdomen and Pelvis : Fundal Position & Firmness: normal position and firm
 Tenderness: Absent
 Diastasis Recti: No

Lochia : Amount: Light
 Quality: Rubra
 Clots: Absent
 Odor: Normal

Perineum and External Genitalia : Laceration/Episiotomy Healing: Normal
 Hematoma: Absent
 Hemorrhoids: Absent

Extremities (Postpartum) : Edema: Absent
 Tenderness: Absent

Input and Output : Food and Liquids:
 Jade is eating well and drinking water. We discussed nutritional needs required to sustain breastfeeding and recommended she increase her fluid intake.
 Void: Normal
 Bowel Movements: Normal

Activity and Sleep : Household Support:
 Jade lives in home with her partner and 4 children. Both sets of grandparents live nearby and help with the children during the day.
 Activity:
 Jade is moderately active, takes baby on stroller walks but has been advised to limit her activity so she can rest and heal.
 Sleep:
 They have hired a night nanny to help with overnight care. Reminded Jade to sleep when baby sleeps during the day as well.

Emotional Health : Emotions:
 Jade is of normal disposition with no indication of PPD.
 Postpartum Depression Screening: Not Indicated

Sexual Activity : Resumed Intercourse: No
 Discomfort with sexual activity? Absent

Postpartum Maternal Procedures : Removal of Staples: Not Indicated
 Cervical Culture: Not Indicated
 Vaginal Culture: Not Indicated
 Pap Test: Not Indicated

Medications and Complementary Therapies : No data entered.

HEENT : No data entered.

Chest : No data entered.

Abdominal & Back : No data entered.

Extremities : No data entered.

Skin : No data entered.

Genitourinary: External : No data entered.

Genitourinary: Internal : No data entered.

+0.1 Weeks - Newborn

Date: 2021-10-11

Signed: Brianna Grocholski

Progress Note: Baby was born 10/10/21 at 7:13 am. Baby has good pigmentation and is nursing well. Mother has expressed no concerns over baby and is bonding well. Baby is healthy and responsive without obvious physical indications. Jade is scheduled to return to birth center in one week for follow up.

Newborn Physical Exam : Date & Time: 10/11/2021 2:32am (19 hours after birth)

Newborn's state(s) during visit: Sleeping

Vital Signs : Heart Rate: 154
Respiration Rate: 90
Temperature: 97.9°F

Size : Weight: 3402g / 7lbs8oz
Length: 50.8cm / 20in
Head Circumference: 33.02cm / 13in
Chest Circumference: 27.94cm / 11in

Input and Output : Breastfeeding: Yes
Number of feedings in last 24 hrs: 10
Avg length of feedings: 20
Baby's behavior during & after breastfeeding:
Normal
Supplementing With: None
Voiding: Normal
Bowel Movements: Normal

Systems Review : General Appearance: Normal
Umbilicus: Normal
Genitalia: Normal
Neurologic
Alertness: Normal
Cry: Normal
Reflexes: Normal
Cardiovascular
Heart Rate: Normal
Heart Rhythm: Normal
Brachial Pulse: Normal
Femoral Pulse: Normal

Respiratory

Breath Sounds: Normal
Respiratory Effort: Normal

Jaundice & Bilirubin : Jaundice: None
Transcutaneous Bilirubin Testing: Not Indicated
Total Serum Bilirubin Testing: Not Indicated

Procedures : Hearing Screening Test: Declined
Metabolic Screen: Not Indicated
Pulse Oximetry: Performed
Umbilical Cauterization: Not Indicated
Frenulectomy: Not Indicated

Medications and Complementary Therapies : No data entered.

Head : General Appearance: Normal
Fontanelles: Normal

Eyes : General Appearance: Normal
Lids: Normal
Conjunctivae: Normal
Red Reflex: Normal

Ears : General Appearance: Normal
Position: Normal

Nose and Mouth : Nares: Normal
Lips: Normal
Palate: Normal
Frenulum: Normal

Neck : General Appearance: Normal
Symmetry: Normal
Palpation: Normal

Chest and Abdomen : General Appearance: Normal
Clavicles: Normal
Nipples/Breast Buds: Normal
Palpation: Normal
Umbilicus: Normal

Hips and Extremities : Hips: Normal
Tone: Normal
Range of Motion: Normal
Digits: Normal

Back and Spine : General Appearance: Normal
Spine: Normal
Anus: Normal

+0.0 Weeks - Transfer/Discharge from care**Date:** 2021-10-10**Signed:** Brianna Grocholski**Progress Note:** Jade had an uneventful and healthy delivery of baby. Baby scored well on APGAR and mother is recovering well with no need to remain at center. Both mom and baby are being discharge home. Midwife to visit in 24 hours for postpartum follow up. DOB 10/10/21.**Situation Overview :** Name of Provider: Bri Grocholski**+0.0 Weeks - Labor, birth, & immediate postpartum****Date:** 2021-10-10**Signed:** Brianna Grocholski**Progress Note:** Jade calls at 0415 and states that she has been having painful contractions every 5-6 minutes for 2 hours at home. She says she is no longer able to cope through her discomfort and is experiencing her contractions in her abdomen.**20.3 Weeks - Prenatal****Date:** 2021-10-01**Signed:** Brianna Grocholski**Progress Note:** Amniocentesis performed at 24 weeks to rule out Down's syndrome. Jade is also experiencing diuresis, recommended she practice regular kegals to strengthen muscles. Also signs of mild leukorrhea, explained this is normal at this stage in pregnancy. Jade has also entered lightening and baby has descended into pelvis. Noticeable linea nigra. Slightly elevated BPM, advised if we show signs of pre-eclampsia we will admit to L&D. This pregnancy has caused Malaise for Jade. Mucus plug discovered 2 days ago, advised to watch for bloody show and signs of cx as a multipara this may happen soon. Jade expressed discomfort with ongoing charlie horses, explained this is more likely Homan's sign.**Plan of Care :** Planned site of delivery: Birth Center**Menstrual History :** Last period began: 04/19/2021
Regular periods: Yes**Conception :** Known date of conception: 05/25/2021
Planned: Yes
Dating Ultrasound: 09/15/2021
Matches LMP: Yes
FHT Heard: 10/01/2021
Details: 162 bpm**Tests and Screens :** hCG+: 09/15/2021 - urine
Genetic screening: No**Pregnancy Symptoms :** Breast Tenderness (No details provided)
Nausea (No details provided)**Vital Signs :** General Appearance: clean, healthy
Weight: 195.00
Height: 5'1"
BMI: 36.84 (wt: 195.0)
Temperature: 98.2°F (Oral)
Any Pain: No**HEENT :** Head: Normal
Neck: Normal
Thyroid: Normal
Lymph Glands: Normal
Ears: Normal
Nose/Mouth: Normal
Sclera: Normal
Conjunctiva: Normal

Pupil Reaction: Normal

Chest : Breast Exam:
Discussed breast health: Yes
Nipples checked: Yes
Heart:
Rate: decline
Lungs:
Rate: declinee

Abdominal & Back : Bowel Sounds: Normal
Spleen: Normal
Liver: Normal
Masses: Absent
Diastasis Recti: Absent
Scars: Absent
Inguinal Nodes: Normal
Femoral Pulses: Present
CVAT: Absent
Kidneys: Normal
Spine: Normal

Extremities : Reflexes: Normal
Clonus: Absent
Varicose Veins: Absent
Joint range of motion: Normal
Bruises: Absent

Skin : Tone: Normal
Lesions: Absent
Lumps: Absent
Color: Normal
Rash: Absent
Hair: Normal
Nails: Normal

Genitourinary: External : Scars: Absent
Prolapse: Absent
Discharge: Normal
Erythema: Absent
Signs of STDs/Infection: Absent
Anus/Rectum: Normal

Genitourinary: Internal : Uterus:
Normal
Vagina: Normal
Cervix: Normal
PAP Performed: Performed
Ovaries Palpable: Present

Ovarian Mass Palpable: Absent

Assessments:

Jade arrived at today's appointment to discuss her new pregnancy. She is happy and excited about the pregnancy and is in a stable home environment. She asked about CBEs and was provided with local classes and recommended doulas. She is concerned about her weight gain, we discussed her nutrition and the importance of eating a balanced diet paired with exercise to maintain a normal weight gain. We have scheduled a follow up for one month. (10/01/2021 13:33)

Intake Form

Personal Information

Background : Place of Birth: Richmond, VA
Hispanic/Latino Ethnicity: No
Race: Black, White
Native Language: English

Financial : Eligible for Medicaid: No
Health Insurance: Aetna
Insurance ID Number: 123456789
Insurance Group Number: M987654
Insurance Co. Phone Number: 8667774455
Relationship to subscriber: Self
Secondary Health Insurance: None
Receiving WIC assistance: No
Primary form of payment: Private Insurance

Occupation and Education : Occupation: Stay at home parent
Education (last grade completed): 3 years of college

Emergency Contact : Name: Jill Client
Relationship: spouse
Phone number: 804-123-1234

Sexuality : Sexual orientation: Homosexual

Partner Status : Has a partner: Yes
Married to partner: Yes
Partner is father of the baby: No

Other Care Providers : Transferred from other provider(s):
No
Other current providers:
No

Gynecological & Sexual Health

Pap History : Last Pap test: 07/06/2020
Last abnormal Pap test: Never

Sexual Health : Sexually Active: With both men and women

Number of current sexual partners: 1

HIV Test: 09/30/2021 (Negative)

Past Sexual Diagnoses

Chlamydia: No

Gonorrhea: No

Herpes (mouth): No

Herpes (genital): No

Genital Warts: No

Trichomoniasis: No

Syphilis: No

Family Planning : Past Birth Control: No

Breast Health : Regular breast self-exams: No
Last Mammogram or Cancer Screening: No
Currently Breastfeeding: No
Breast Biopsy: No

General Health

Blood Type : Blood Type:
A+

Height and Weight : Height: 5ft 1in
Weight: 180lbs
BMI: 34.01

Medications : Medications:
over the counter prenatals
Start Date: Not entered
Status: Active

Allergies : Allergies: No

Medical Problems : Chicken Pox
No onset date - Present (resolved)
UTI (No details provided)
General Depression (No details provided)
Post-Traumatic Stress/PTSD (No details provided)

Surgeries : Any surgeries:
2009 - cesarean
Blood transfusions: No
Anesthesia problems: No
term pregnancy, failure to progress

Other Significant Findings : No problems

Lifestyle

Substance Use : Alcohol consumption: Yes - 1 glass/wk
Smoking status: Nonsmoker
Other drug use: No

Does anyone in the home smoke? No

- Nutrition :** Dietary restrictions: None
Regularly consumes: Caffeine, Sugar, Processed Foods
Also consumes: Non-prescription Vitamins
- Exercise :** Activities: Walking (weekly)
- Stress :** Current stress level: Medium
Typical stress level: Medium
Sources of stress: Lack of Financial Resources, Lack of Emotional Support System
- Safety :** Feels safe at home: Yes
Physical abuse by partner: No
History of sexual abuse: Yes

Current Pregnancy

Plan of Care : Planned site of delivery: Birth Center

Menstrual History : Last period began: 04/19/2021
Regular periods: Yes

Conception : Known date of conception: 05/25/2021
Planned: Yes
Dating Ultrasound: 09/15/2021
Matches LMP: Yes
FHT Heard: 10/01/2021
Details: 162 bpm

Tests and Screens : hCG+: 09/15/2021 - urine
Genetic screening: No

Pregnancy Symptoms : Breast Tenderness (No details provided)
Nausea (No details provided)

Past Pregnancies

Summary : Gravida: 2
Term: Not entered
Preterm: Not entered
TAB: 1
SAB: Not entered
Living: Not entered

Details : **1st Pregnancy (Singleton)**
Outcome: Abortion
Date: 10/01/2008
Gestational age: 9

Family History

Family Medical History : Allergies
Sister or brother

nut and fruit allergies
Asthma
Sister or brother
Onset age: 8 years
Diabetes
Paternal grandmother
Onset age: 40 years
High Blood Pressure
Father

Family Pregnancy History : Cesearean Section
Mother

Partner

Jill Client : Ok to share confidential health information with this person: Yes
Date of birth:
03/25/1985 (Age 36)
Gender:
Female

Background : Place of Birth: Central, VA
Hispanic/Latino Ethnicity: No
Race: Black
Native Language: English

Occupation and Education : Occupation: Engineer
Education (last grade completed): BA/BS degree

Partner's Children : Previous children from other relationships: No

Substance Use : Alcohol consumption: No
Smoking status: Nonsmoker
Other drug use: No
Does anyone in the home smoke? No

Significant Findings/Problems : No problems

Father of the Baby

No name entered : No data entered.

Background : No data entered.

Occupation and Education : No data entered.

Father of the Baby's Children : No data entered.

Substance Use : No data entered.

Significant Findings/Problems : No data entered.